

WHAT'S YOUR MAJOR?

EXPLORING MAJORS & CAREERS THAT FIT YOUR GOALS



SELF-KNOWLEDGE

UNDERSTAND HOW WHO YOU ARE RELATES TO POTENTIAL MAJORS & CAREERS.



MEET WITH A
CAREER COUNSELOR
FOR ASSISTANCE

CAREER ASSESSMENTS

- FOCUS 2
- Myers-Briggs Type Indicator
- Strong Interest Inventory
- Career development courses

WHAT'S BEST FOR ME?

What majors or careers match my interests, personality, skills, and personal values?

HOW DO I DECIDE?

What if I have no idea what to major in, or what if I have too many ideas?

WHAT ARE MY OPTIONS?

What career options fit my major, and where can I go in those career fields?

AM I MARKETABLE?

What do I need to do today to make sure I can get a job in my future?

CAN I GET A MENTOR?

How do I find someone to guide and advise me in career fields that interest me?



EXPLORATION

RESEARCH MAJORS, OCCUPATIONS, & EMPLOYERS TO FIND POTENTIAL CAREERS THAT BEST FIT YOU.



RESEARCH MAJORS & OCCUPATIONS

Conduct informational interviews with professionals to ask questions and receive advice for entering your field.



Get involved in campus organizations related to your major or career field.



Meet with a Career Counselor for assistance in researching majors, occupations, industries, and employers.



Job shadow to observe professionals at work to obtain first-hand knowledge about workplace environments.

WHAT CAN I DO WITH THIS MAJOR?

- Discover strategies to make yourself marketable
- Research employers that hire each major
- Learn about typical career areas
- Connect majors to careers



DECISION-MAKING

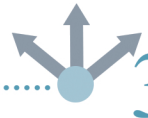
USE DECISION-MAKING TECHNIQUES TO DEVELOP A CAREER PLAN & TO CLARIFY YOUR CAREER GOALS.



1 Identify the decision



2 Gather information



3 Identify alternatives



4 Determine pros and cons



5 Choose among alternatives



6 Take action



7 Review and evaluate decision

ACTION

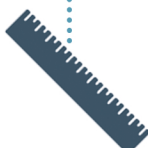
TAKE CHARGE OF YOUR MAJOR & YOUR CAREER.



SET S.M.A.R.T. GOALS



Specific



Measurable



Attainable



Realistic



Time-based

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