

# BROWN BAG SEMINARS

PSU - 313

Traywick Parliamentary Room

Noon - 12:50

**Stop in, bring your lunch, and join in a dialogue designed to help you find answers to the questions you have.**



**Tuesday, February 25, 2014**

**Trending: Synthetics, Opiates and Marijuana**

New, more potent and addictive substances simply known as "synthetics" have flooded the illicit drug market. While synthetic drug use is trending now, issues surrounding opioids and marijuana continue to make headlines across the country. Come learn about what is trending in the world of illicit drug use.

**Thursday, March 20, 2014**

**Fright, Fight, Flight: Stress, Anxiety, and the Classroom**

This Brown Bag will address the topics of stress and anxiety, and their impact on students. Attendees will learn to identify students with these concerns and assist them in getting help.

**Sponsored by:**

**The Counseling and Testing Center  
311 Carrington Hall 836-5116**

**If you have a disability and need special accommodations, please contact our office before the event.**