October 12 - 18



Campus Events	Resid	ence Life	Events Com	mun	ity Events
Event	Date	Time	Location	Cost	Additional Info
The Fight Film & pre-recorded discussion	Mon Oct 12 Tue Oct 13 Wed Oct 14 Thu Oct 15 Fri Oct 16 Sat Oct 17 Sun Oct 18	Anytime	The 'Virtual' Moxie Cinema online at <u>https://</u> <u>watch.eventive.org/</u> <u>thefight/</u> <u>play/5f21e58fdc60010</u> <u>07d40f30c</u>	\$12	After unlocking the film, you have 30 days to start watching. Once you begin, you have 72 hours to finish watching. The Fight is an inspiring, emotional insider look at how these important battles are fought and the legal gladiators on the front lines fighting them. The Fight celebrates the unsung hero's who fiercely work to protect our freedoms. Immediately following the film there will be a pre-recorded discussion between Kerry Washington and the five ACLU lawyers featured in the film.
John Lewis: Good Trouble documentary & pre-recorded discussion	Mon Oct 12 Tue Oct 13 Wed Oct 14 Thu Oct 15 Fri Oct 16 Sat Oct 17 Sun Oct 18	Anytime	The 'Virtual' Moxie Cinema online at <u>https://</u> watch.eventive.org/ johnlewis/ play/5eebc341a1918f0 0691073e3	\$12	After unlocking the film, you will have 30 days to start watching. Once you begin, you will have 72 hours to finish watching. Featuring both rare archival footage and exclusive interviews with the late Congressman, Porter explores his childhood experiences, his inspiring family and his fateful meeting with Dr. Martin Luther King Jr. in 1957. Immediately following the feature, there will be a prerecorded discussion between Representative Lewis and Oprah Winfrey, filmed last month and being made available exclusively for virtual cinema and in theater engagements of the film. This is a wide-ranging, informal, 16 minute conversation that's a perfect follow up to the documentary.
Interfaith Leadership Workshop	Mon Oct 12	5:30-6:30pm	PSU 314 and Zoom	Free	The MSU Public Affairs Mission has three pillars: Ethical Leadership, Cultural Competence, and Community Engagement. In a world of increasing religious pluralism and worldview diversity, none of that is possible without some Engagement with Interfaith understanding. This workshop series will help students become more compassionate, confident, and effective leaders. Email Ekklesia@missouristate.edu to register.
Garden Discovery Walks	Mon Oct 12	10-11am	2400 South Scenic Avenue 65807	\$5	Take a stroll with a staff horticulturalist to discover a deeper appreciation about plants in the garden. 10/12's theme is Forage Free! Edible lawn and garden weeds.
Wise and Well Health and Benefit Fair	Tue Oct 13	11am-3pm	PSU	Free	The Wise and Well Health and Benefit Fair is an annual fall event that brings together campus and community organizations whose focus is providing health and wellness services. MSU students, faculty, and staff are encouraged to attend. Everyone should walk away from this even feeling confident that they have the resources available for maintaining a healthy lifestyle. There will be prizes, giveaways, free swag, and health information at the event.
LQBTQIA+ Pride, Praise, and Protest	Tue Oct 13	8-9pm	PSU Theater	Free	Pride, Praise, and Protest is a LIBERATE worship experience sponsored by Ekklesia. This event will be in the PSU theater and is free.
Routines & Habits Support Group	Tue Oct 13	10:30am	NAMI Hope Center 1443 North Robberson 65802	Free	Join NAMI as they discover how to create good habits, how to identify bad ones, what tools we can use to maintain healthy routines and find support! No registration necessary! This group is designed for individuals who may need help or support with routines and habits in their mental health recovery!
Schizophrenia Support Group	Tue Oct 13	2:30pm	NAMI Hope Center 1443 North Robberson 65802	Free	Find support, education and a community of others who have been there. Share coping skills, gain helpful tips from others in recovery, and receive up to date education and information from NAMI National.
Mindfulness & Meditation	Tue Oct 13	6:30pm	Zoom	\$40	Are you feeling overwhelmed? Stressed out? Dizzy with the distractions of the digital age? Enslaved by the tyranny of time and not enough hours in the day? Do you need to unplug and unwind? Do you need to be more creative and centered? Are you seeking serenity and peace of mind? Learn how to disconnect from the world and control your own turbulent mind with this 4-part series. Register at MyLearning Connection. Zoom info will be provided upon registration.
Liberate Worship	Tue Oct 13	8pm	The Davis Harrington Welcome Center	Free	Join Ekklesia for a new, collaborative worship experience at MSU that is unapologetically inclusive, justice-oriented & sensory rich.
LGBTQ+ Safe Zone Training	Wed Oct 14	1-3pm	Zoom	Free	Safe Zone trainings are opportunities to learn about LGBTQ+ identities, gender and sexuality, and examine prejudice, assumptions and privilege. You must register at https://missouristate.zoom.us/meeting/register/tJ0qc- mppj0qH9SUr5d1wmAF62m5PUA-fxvi to attend.
Justice Builders Breakfast	Thu Oct 15	9am	Zoom	Free	Hosted by the Springfield NAACP's Religious Affairs Committee, our goal is to gather faith eladers of all beliefs and begin to build stronger relationships and to create a safe space for critical conversations about race, justice, diversity, and racism. The NAACP hopes that you can join the conversation as they forge relationships that will change our community for the better. (Zoom link below.) https://zoom.us/j/671377915?pwd=TDh4QmhvQ312M3VJMUF4N3Bmb1Rudz09
Wellness for Warriors	Thu Oct 15	5:15-6:15pm	Facebook Live at <u>https://</u> www.facebook.com/ WellnessforWarriors/	Free	This class is for military, veterans, first responders and their families. It introduces mind and body techniques to improve well-being, regardless of physical limitations or psychological distress. Topics covered include stress management, sleep disorders, nutrition, yoga, tai chi and meditation. Registration is requested. All meetings are currently being held on Facebook live.
Fundraiser for Black Lives Matter	Thu Oct 15	9am-4pm	PSU Table, 2nd Floor	\$5	The Residence Life, Housing and Dining Services Diversity Committee is hosting a fundraiser to raise awareness and funds for the Black Lives Matter Movement in memory of the tragic shooting of Jacob Blake in Kenosha, WI on August 23, 2020. We collaborated with members of the MSU community to design stickers to be included on our sheet - thank you to the designers who added their talents to this initiative: Rachel D. Weaver (@raachelldanae) and Jamie Cayley (@jamie_cayley). Our table will have information along with QR codes for both funds. A sticker sheet will be given after a donation is verified with either the Milwaukee Freedom Fund (https://bit.ly/mkefreedomfund) or MSU George Floyd Memorial Scholarship (missouristate.edu/GeorgeFloydScholarship). Recommended donation amount is \$5.
Faithful Conversations with Ekklesia	Thu Oct 15	4-5pm	PSU 308	Free	This weekly discussion group explores topics that are chosen by the group that gathers. At the beginning of each semester, we spend some time getting to know each other and learn about our faith backgrounds and interests. Bring all your questions, passions, doubts and curiosities.
Incorporating Anti- Racism into Advising Practices	Fri Oct 16	12-1pm	Zoom	Free	If there is one thing that our current climate has taught us, it is that it is not enough to be non- racist. Instead, we must be anti-racist. But what does it mean to be an anti-racist? And, more importantly, how do we incorporate anti-racism into our advising practice? In this interactive forum, Dr. Kyler Sherman-Wilkins will provide an overview of anti-racism (with a particular emphasis on anti-racism in higher ed.) and then share best practices on how advisors can serve as better allies and advocates for their students of color. The Zoom link is included below: https://missouristate.zoom.us/j/92874496443? pwd=VDdmNGQwdEtUM1VVemJSMCtpdTY0dz09
International Academic Support Series	Fri Oct 16	12-1pm	Zoom	Free	Academic Integrity Series: Explore the MSU Library's online resources, review North American academic writing organization patterns, and learn how to use sources effec- tively and ethically in your academic writing. Register at the link below to receive the Zoom information: https://forms.office.com/Pages/ResponsePage.aspc?id=5DDYyk9VYUO65chllz- NNQ0pVNjhRQCQIQCN0PWcu&grcode=true