

DIVYA THAKKAR, M.Ed., L.P.C., C.D.C.A.

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EDUCATION

KENT STATE UNIVERSITY

Masters of Education in Clinical Mental Health Counseling(CMHC)

GPA: 3.91/4.00

Kent, OH

May, 2020

KISHINCHAND CHELLARAM COLLEGE, UNIVERSITY OF MUMBAI

Bachelor of Arts in Psychology

GPA: 3.55/4.00

Mumbai, India

April, 2016

CLINICAL EXPERIENCE

CHILD GUIDANCE AND FAMILY SOLUTIONS

Integrated Co-occurring Home Based Therapist

- Conduct in-home sessions with children/adolescents and their family
- Connect clients with appropriate community resources
- Create individualized treatment plans
- Provide case management as needed
- Handle crisis

Akron, OH

June 2020- Present

CHILD GUIDANCE AND FAMILY SOLUTIONS

CMHC Intern

- Conduct diagnostic assessments and individual sessions with children, families, and adults
- Attend on-going trainings and group meetings
- Connect clients with appropriate community resources
- Create individualized treatment plans
- Timely documentation and billing of the counseling sessions

Akron, OH

August 2019- April 2020

KENT STATE UNIVERSITY

CMHC Practicum Student, The Counseling Center

- Conduct individual sessions with university students and community members
- Engage in different modes of therapies as needed by the client
- Analyze one's recorded sessions for further improvement
- Create treatment plans and case conceptualizations
- Present/discuss cases in classrooms and in supervision
- Documentation of the counseling sessions

August 2018 – May 2019

**LOKMANYA TILAK MUNICIPAL MEDICAL COLLEGE AND
GENERAL HOSPITAL MUNICIPAL CORPORATION OF
GREATER MUMBAI**

Student Observer, Department of Psychiatry

Mumbai, India

May 2016 – June 2016

- Observed clinical cases, history taking and administration of tests like Minnesota Multiphasic Personality Inventory, Rorschach Inkblot Test and Thematic Apperception Test administered in both *English* and *Hindi*
- Gained basic knowledge about techniques like electroencephalogram and Electroconvulsive therapy
- Attended a meeting organized by Alcohol Anonymous

PUBLICATION

Thakkar, D., Haria, N., & Kumar, V. (2016). To Explore the Relationship between Attachment Styles, Self-Esteem and Loneliness amongst Adolescents. *Indian Journal of Mental Health (IJMH)*,3 (2), 185. Print ISSN- 2394-4579 Online ISSN- 2394-6652.

SIGNIFICANT COURSEWORK

- Foundations and Theories in Addictions Counseling
- Child abuse training
- Advanced Motivational Interviewing
- Family Therapy: Theory and Techniques
- Counseling Children
- Transactional Analysis with Gestalt Work
- Cognitive Hypnotic Psychotherapy and Neuro-Linguistic Programming
- Gender Studies

ORGANIZATION

MOTIVATIONAL INTERVIEWING LEARNING COMMUNITY (MILC)

Kent, OH
August 2018-Present

- Facilitate and Participate in group sessions biweekly
- Process and critique our concepts related to Motivational interviewing
- Practice our Motivational Interviewing skills
- Process real life challenges and applications of Motivational interviewing
- Providing and receiving feedbacks after the role-play of our skills

WORK EXPERIENCE

KENT STATE UNIVERSITY

Academic Advisor, College of Architecture and Environmental Design

Kent, OH
June 2019- April 2020

Academic Advisor, College of Aeronautics and Engineering

August 2018- December 2018

- Provide academic advising including scheduling for the students
- Review academic progress and provide guidance towards their goals
- Refer to the appropriate resources through the college or on campus as needed
- Document advising appointments and maintain confidentiality with students and academic records

KENT STATE UNIVERSITY

Teaching Assistant, Child Development Center

Kent, OH

- Assisting in a classroom with toddlers, preschoolers and Kindergartens August 2018- December 2019
- Engaging children through play, art, and dance
- Listening to their concerns and catering to their needs
- Gained proficiency in time management, leadership skills, and communication skills

