

# Rebecca Bastuga

Current Aquatics Graduate Assistant at Indiana State University in Terre Haute, IN. Pursuing a Master's degree in Sports Management with a Bachelor's degree in K-12 Physical Education, with a 6-12 Health Education Endorsement. Certified Personal Trainer and Lifeguard Instructor.

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## EDUCATION

**Indiana State University**, Terre Haute, IN- *Master of Science in Sports Management*

August 2021 – August 2022

**Illinois State University**, Normal, IL- *Bachelor of Science in Physical Education (K-12)*

August 2015 - May 2020

## WORK EXPERIENCES

**Indiana State University**, Terre Haute, IN- *Aquatics Graduate Assistant*

July 2021 – Present

Teach departmental wide CPR; Intramural, Fitness, Aquatics, and Operational student and professional staff

Lead lifeguard programing; certifications, re-certifications, and monthly in-services

Assist in company procedures; payroll, scheduling, and swim lesson and CPR payments

Oversee over 30 student staff; lead, lifeguards and swim instructors

Oversee group and private swim lesson program of more than 120 patrons

Record and maintain all certifications for over 100 student and professional staff; CPR, Lifeguard, Group Fitness, and Personal Trainer

Collaborate with 4 other Graduate Assistants to facilitate departmental student staff training

Collaborate with 4 other Graduate Assistants to mediate student development meetings through Rec Council

Work other department positions; Fitness Floor Attendant, Membership Sales Representative, and Building Supervisor

**Hastings Lake YMCA**, Lindenhurst, IL- *Lifeguard/ Swim Instructor*

May 2018 – Present

Teach swim lessons for over 150 participants ranging from infant to adult

Lead lifeguard programing; certifications, re-certifications, and monthly in-services

## ENDORSEMENT

6-12 Health Education

## CERTIFICATIONS

American Red Cross  
Lifeguard Instructor

American Red Cross  
CPR/AED/First Aid Bridge  
Instructor

American Red Cross  
Lifeguard

American Red Cross  
CPR/AED/First Aid and  
Administer Emergency  
Oxygen Certified

American Council on Exercise  
Personal Trainer Certified

Pool and Hot Tub Alliance  
Certified Pool Operator

USA Swim Team Coach  
Certified

## WELL TRAVELED

KNR Exchange Semester:  
Ireland (Fall 2017)

KNR Study Abroad: Russia  
(Summer 2018)

## **Life Time Fitness**, Northbrook, IL- *Aquatics Manager in Training*

August 2020 – July 2021

Acting Manager during managers maternity leave

Assisted in company procedures; payroll, scheduling, and budgeting

Oversaw 40 seasonal lifeguards, 5 year-round swim instructors, and 2 swim team coaches

## **Camp Duncan YMCA**, Ingleside, IL- *Day Camp Unit Leader*

June 2020 – August 2020

Created over 30 counselors and 100 campers' weekly schedules

Assisted camp director with daily task; camp set up/clean up, camper discord, and counselor corrective coaching

## **Bloomington YMCA**, Bloomington, IL- *Lifeguard/ Swim Instructor /Youth Soccer Coordinator*

January 2019 - December 2019

Taught swim lessons for over 75 participants ranging from infant to adult

Coordinated and taught soccer skills for over 30 participants ranging in ages 5-11 during the spring session of 2019

## **LEADERSHIP SKILLS**

### **NIRSA Student Lead- On Region III-** Website Committee Lead

Fall 2021

### **Teacher's Assistant-** KNR 221: Elementary Methods

Fall 2018

### **Eta Sigma Gamma Health Honor Society-** President

Spring 2019- Fall 2020

### **Pi Beta Phi Social Sorority-** Vice President of Membership

Spring 2018- Fall 2019

## **SYSTEMS**

**Microsoft Office 365-** Outlook, Teams, Excel, Word, and PowerPoint

**Kronos-** Payroll

**Workday-** Payroll

**Connect2Concepts-** Communication

**When2Work-** Scheduling

**Humanity-** Scheduling

**Sling-** Scheduling

**CSI Spectrum-** Payment Management

## **ACCOMPLISHMENTS**

### **IRSA** Scholarship Committee

### **NIRSA Region III** Student Lead- On Registration Committee

### **IAHPERD** Student Scholarship (November 2019)

### Illinois State University Research Symposium (April 2019)

"Physical Education in the USA and Russia"

### **IAHPERD** Student Mentor Poster Presentation (November 2018)

"Physical Education in the USA and Russia"

### Illinois state University Appointed College of Science and Technology Council Student Representative

### Illinois State University Appointed School of Kinesiology and Recreation Student Ambassador

### Illinois Association for Health, Physical Education, Recreation and Dance Member

### Indiana Recreational Sports Association Member

### **NIRSA:** Leaders in Collegiate Recreation Member