

CAMERON SKINNER

LICENSED PROFESSIONAL COUNSELOR

CONTACT



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3958 W Cambridge St., Springfield, MO

SKILLS

Cognitive Behavioral Therapy

Motivational Interviewing

Solution-Focused Therapy

Dialectical Behavior Therapy

The Gottman Method

Microsoft Office

EDUCATION

Master of Arts - Counseling

University of Missouri - Kansas City

2018-2020

Member of Phi Kappa Phi Honor Society

Member of Golden Key Honor Society

Bachelor of Science - Marketing

Missouri Southern State Univeristy

2012-2016

EHR EXPERIENCE

ClinicTracker

PowerChart

Titanium

WORK EXPERIENCE

College Skyline Center - Outpatient

Licensed Professional Counselor

2020 - 2023

- Conducted individual, family, and couples therapy with clients spanning from early childhood to late adulthood.
- Utilized cognitive-behavioral therapy, dialectical behavior therapy, and motivational interviewing to promote client progress and achieve treatment goals.
- Demonstrated cultural competence and sensitivity in working with clients from diverse backgrounds, including race, ethnicity, gender identity, sexual orientation, and socioeconomic status.
- Collaborated with psychiatrists, social workers, and case managers to provide coordinated care for clients and improve outcomes.
- Provided crisis intervention services and implemented safety plans as necessary to prevent harm to clients or others.
- Educated clients and their families about mental health issues, coping skills, and community resources to promote ongoing recovery and wellness.
- Maintained accurate and thorough client records including treatment plans, progress notes, and discharge summaries in compliance with legal and ethical standards.
- Collaborated with College Skyline owners to develop and refine their branding, messaging, and marketing strategies and created a visually appealing website, biography templates, and flyers to support these efforts.

University Health (Truman Medical Center) - Inpatient

Internship

2019 - 2020

- Conducted group therapy and brief individual sessions to treat acute mental health conditions including schizophrenia, bipolar disorder, and major depressive disorder in an inpatient setting.
- Utilized solution-focused, cognitive-behavioral, dialectical behavior, and interpersonal therapy to promote patients' progress and improve outcomes.
- Facilitated psychoeducation groups and provided crisis intervention services to prevent harm to patients or others.
- Demonstrated cultural competence and sensitivity in working with patients from diverse backgrounds, including race, ethnicity, gender identity, sexual orientation, and socioeconomic status.
- Supported and empowered patients to manage their mental health conditions and develop coping skills to promote ongoing recovery and wellness.
- Collaborated with interdisciplinary teams including doctors, nurses, and case managers to develop comprehensive treatment plans that addressed patients' medical, psychological, and social needs.
- Advised new interns in conducting individual and group therapy sessions and provided feedback and consultation in relevant clinical areas.
- Maintained accurate and thorough patient records including self-report assessments, progress notes, and discharge summaries in compliance with legal and ethical standards.

UMKC Community Counseling & Assessment Services - Outpatient

Practicum

2018 - 2019

- Provided culturally competent and evidence-based individual therapy to diverse populations, including UMKC students and community members.
- Conducted and interpreted a range of assessments (e.g. Myers-Briggs, Strong Interest Inventory, and VIA Character Strengths) to help clients gain insight into their strengths, values, and interests and make informed decisions about their career path.
- Engaged in regular individual and group supervision, demonstrating a commitment to ongoing learning and improvement of treatment approaches.
- Collaborated with clients to develop personalized treatment plans that aligned with their goals, values, and preferences, utilizing a strengths-based approach to build on clients' existing resources and capabilities.
- Consulted with the department director to develop and implement a comprehensive marketing strategy.

Other Relevant Roles:

Digital Marketing Specialist - The Liston Group (NPO)

2015 - 2020

Administrative Assistant - Missouri Southern State University

2012 - 2013

Admission Specialist II - Freeman Health Systems

2011 - 2012