

Samiyah Hossain

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EDUCATION

Delaware State University, Dover, Delaware May 2023
Master of Social Work

University of Houston, Houston, TX May 2020
Bachelor of Science in Psychology
Minor in Women's Gender Studies

PROFESSIONAL EXPERIENCE

Camp Wa-klo For Girls & Gender Minorities - Mental Health Worker June 2022 - August 2022

- Reviewed and evaluated camper profiles and created plans around camper needs; assisted with camper adjustment challenges and separation anxiety using clinical based practices.
- Provided adult staff members with mental health guidance, stress management skills, and career/life coaching informed by evidenced based research.
- Coordinated with bunk staff in planning group sessions to address social and emotional challenges that arose throughout the summer for both children and adults.

Consumer Attorney Marketing Group - Victim Intake Specialist II, Remote Sept. 2020 - Dec. 2020

- Contact survivors of Boy Scout sexual abuse case to conduct follow-up for legal documents and sensitive information.
- Maintain communication with clients to record sensitive information regarding client histories while utilizing emotional sensitivity and professionalism.
- Identify clients' needs and provide appropriate solutions while creating safe and trustworthy interactions through remote conversations.

Sugar Land Branch Library – Library Assistant, Sugar Land, TX June 2019 – December 2019

- Worked largely with an immigrant population made up of 38% Asians, 29% South Asians, and 12% Latinx and maintained strong open patron communications, often overcoming communication barriers and catering to a diverse population.
- Manned the reference desk and assisted patrons with all questions and concerns, in-person and telephone.
- Taught classes on library databases and job literacy; created monthly interactives and public displays.

George Bush High School – Academic Tutor, Richmond, TX August 2018 – April 2019

- Tutored students of various socioeconomic status ranging from low-to-middle class and created safe and supportive environments for all types of learners and models.
- Worked alongside teachers and assisted between 45 to 60 students with academic preparation and completion.
- Led student groups and 15 to 20 one-on-one student sessions and prepared students for finals and SAT.

Allcare Pharmacy – Pharmacy Technician, Richmond, TX August 2016 – August 2017

- Contacted insurance companies for patient verification and completed audits.
- Logged patient information and created patient files; organized and maintained inventory.
- Collected copays and filled patient prescriptions under pharmacist supervision.

LAB/INTERNSHIP EXPERIENCE

The Empowering Space – Clinical Intern, Telehealth August 2022- May 2023

- Conduct outbound/inbound client calls, complete client intakes, and maintain upwards of 50 individual client records.
- Work with exclusively BIPOC clients for individual therapy sessions; create individual treatment plans and patient notes using EHR.
- Attend weekly supervision meetings and develop minority-based presentations.

Candor Consulting Firm – Clinical Intern, Telehealth August 2021- May 2022

- Conduct client intakes and run individual therapy sessions with BIPOC clients.

- Create treatment plans, transcribe therapy sessions, and create individual patient notes using EHR.
- Attend weekly supervision meetings and review client progress.

The Petoskey Center – Intern, Houston, TX

September 2018- December 2019

- Observe weekly IOP process group sessions (Topics in Treatment, Emotion Regulations, & Mentalizing) under mentoring clinician supervision.
- Transcribe process group sessions and create individual patient notes.
- Attend weekly clinician meetings and discuss group and individual patient progress.
- Attended bimonthly culture and psychotherapy seminars led by mentoring clinician to maintain cultural competency.

UH Culture, Risk, & Resiliency Lab – Research Assistant, Houston, TX

December 2018 - December 2019

- Examined cross-cultural factors associated with depression, suicide-related behavior, and chronic illness in adult minority populations.
- Assisted research professor and team in conducting study Black Culture Matters: Understanding Identity and Well-being.
- Scheduled and implemented student survey sessions; input and managed research data using Qualtrics.

LEADERSHIP EXPERIENCE

Solidarity Semester – Activist, Remote

September 2020 - October 2020

- Online training organized by Building Movement Project for youth activists to network and learn about solidarity principles, social change roles, and current racial justice campaigns.
- Sessions feature interviews with social change leaders and focus on participation, leadership, and engagement in social change efforts.
- Activists establish solidarity in action and practice, community-care/self-care, and social justice roles.

Diversity Within Diversity Conference – Member, Houston, TX

October 2018

- Organized by Houston Group Psychotherapy Society and led by Sandra A. Lopez, focused on Culturally Competent Ethical Practice: Practicing Cultural Humility and Embracing Cultural Opportunities.
- Participated in workshops covering Multicultural and Social Justice Counseling Competencies, White Privilege: Unpacking the Invisible Knapsack, and An Experiential Journey into Power Dynamics, Values, and Resources.
- Networked with clinicians and therapists and familiarized with psychotherapy skills.

VOLUNTEERING EXPERIENCE

Shifa Community Clinic – Volunteer, Houston, TX

August 2015 - December 2016

- Non-profit focused on immigrant community well-being through medical/mental health and social services with fully operational women's centers.
- Handled incoming/outgoing patient flow, created patient files, and maintained inventory.
- Completed patient intake and took patient vitals; contacted insurance and collected copays.

SKILLS

- Proficient in Microsoft Word, Excel, Outlook, PowerPoint, and Polaris
- Fluent in Bangla and English, conversational in Korean. Intermediate in Spanish
- Proficient in EHR: SimplePractice, TherapyNotes
- Practicing understanding of psychotherapy skills: Cognitive Behavioral Therapy (CBT), Active Listening, Boundary-Setting, Motivational Interviewing, Risk Assessment