

ENERGY CONSERVATION CERTIFIED

For the month of October, I pledge to:

- Take the stairs instead of elevators
- Ride my bike, walk, or carpool to work
- Pack my lunch or eat on campus instead of driving
- Reduce microwave and appliance use by packing fresh lunches
- Participate in **Hour without Power** at least once a week. I will go at least one hour without using any electricity each week by taking a walk, grading papers using only natural light or eating lunch outside without the distraction of my phone.

In my office, I pledge to:

- Unplug** everything when I leave for the day
- Unplug** everything that I am not using (personal printers, electric staplers, etc...)
- Set my **computer monitor** to sleep after 5 minutes (or less) of inactivity
- Adjust my **thermostat** to conserve energy
- Turn off all lights** when I leave the room
- Unplug my electronics as soon as they are **finished charging**
- Use a power strip** and turn it off OR unplug it when not in use
- Shut down** my computer every night
- Turn off lights in **common areas** when I leave the room
- Open the blinds during the daytime to make use of **natural light**

In classrooms, I pledge to:

- Turn off** the computer and projector when I am not using them
- Open the blinds during the day to make use of **natural light**
- Keep windows closed** to help reduce conditioned air loss
- Turn off the lights** after class

From **October 1st to 21st**, we are competing in a **campus-wide energy competition!** You can make a big impact by making small changes during the day. Place a check next to all the practices you pledge to carry out. Kudos to those who decide to incorporate these practices at home and continue them after October! **We can all do our part to conserve!**